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THE EFFECT OF RGD PEPTIDE ON CELL PROLIFERATION AND VASCULOGENESIS DURING MICROTISSUE FORMATION

M.Sc. THESIS

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RGD PEPTİDİN MİKRODOKU OLUŞUM SÜRECİNDE HÜCRE ÇOĞALMASINA VE DAMARLANMA ÜZERİNE ETKİSİ

YÜKSEK LİSANS TEZİ

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To my lovely family,

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FOREWORD

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ABBREVIATIONS

3D	:	3 Dimensional
MT	:	Microtissue
FBS	:	Fetal Bovine Serum
RGD peptide	:	R (Arginine), G (Glycine), D (Aspartic Acid)
HUVEC	:	Human Umbilical Vein Endothelial Cell
VEGF	:	Vascular Endothelial Growth Factor
PECAM-1	:	Platelet Endothelial Cell Adhesion Molecule
Ve-cadherin	:	Vascular Endothelial Cadherin
Tie-1	:	Tyrosine-Protein Kinase Receptor-1
Tie-2	:	Tyrosine-Protein Kinase Receptor-2
qRT-PCR	:	Quantitative Real Time Polymerase Chain Reaction
D MF	:	Dimethylformamide
HBTU		N,N,N',N'-Tetramethyl-O-(1H-benzotriazol-1-yl)
uronium hexafluc	orophospl	nate, O-(Benzotriazol-1-yl) N,N,N',N'-tetramethyluronium

uronium hexafluorophosphate, O-(Benzotriazol-1-yl) N,N,N',N'-tetramethyluronium hexafluorophosphate

HOBt	:	1-hydroxybenzotriazole
DIEA	:	/N,N-diisopropylethylamine
TFA	:	Trifluoroacetic Acid
TIPS	:	Triisopropylsilane
PBS	:	Phosphate Buffer Saline
EBM	:	Endothelial Basal Medium
EGM	:	Endothelial Cell Growth Medium

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THE EFFECT OF RGD PEPTIDE ON CELL PROLIFERATION AND VASCULOGENESIS DURING MICROTISSUE FORMATION

SUMMARY

3D (Dimensional) microtissues are commonly used in regenerative medicine, medicine design, toxicology studies and advance cancer research. Microtissues which are constructed by this technique mimic natural *in vivo* condition and it stands for shifting form between *in vitro* studies and *in vivo* research. Scaffold-free microtissues produce own extracellular matrix and cells proliferate faster. However microtissue is used *in vitro* experiments, they mimic *in vivo* condition by producing own matrix.

Recently, RGD peptides which are commonly used biomaterials consist of GRGDS sequences and it has active role cell-cell and cell-matrix attachment. This peptide has been shown to enhance cell proliferation by increasing cellular interaction and cell-matrix connection in previous studies.

HUVEC (Human Umbilical Vein Endothelial Cell) is one of the most commonly used model cells to understand the endothelial cell behavior. Moreover, the inner layer of the vascular structure is composed of endothelial cells. HUVEC is one of the model cell types frequently used in vascularization studies with high vasculogenesis capacity and endothelial origin. *VEGF*, *Tie-1*, *Tie-2*, *PECAM*, and *Vecadherin* are also effective genes for expressing preliminary vascular model studies in microtissue studies.

This study was carried out to investigate the effect of RGD peptide on HUVEC scaffold-free 3D microtissue formation and early vasculogenesis. Microtissue size analysis, viability analysis, focal adhesion analysis and qRT-PCR (Real Time PCR) data were used. In the results of working, we found that RGD peptides increase HUVEC microtissue proliferation and contribute to constituting microtissue formation. Furthermore, it plays the effective role of HUVEC 3D microtissue formation during vascularization process. We experimented different RGD concentration on microtissue formation. The most effective amount of those peptides was shown as 2 mM RGD. 2 mM RGD microtissue formation as depicted from enhanced viability studies compared to 0 mM, 1 mM and 4 mM RGD concentration. microtissue diameter. Additionally, the morphology of cells described with focal adhesion analysis on microtissue. qRT-PCR data displays that RGD peptide helps to initiate vascular processing. Results of all data demonstrate that 2 mM RGD peptide has important tasks in 3D HUVEC microtissue formation and also regulated vascularization period. This study put forward the RGD peptides can be useful for constructing vascular formation. Therefore using optimal RGD peptide amount for vascular tissue may subvene in vivo to construct vascular networks.

MİKRO DOKU OLUŞUMUNDA RGD PEPTİDİNİN HÜCRE PROLİFERASYONUNA VE DOKU DAMARLANMASINA ETKİSİ

ÖZET

3B (Boyutlu) Dokular günümüzde rejeneratif tıp, ilaç keşifi, ileri kanser ve toksikoloji çalışmalarında sıklıkla kullanılmaktadır. Bu teknikle oluşturulan mikrodokular doğal ortamını taklit etmektedir ve *in vitro* ile *in vivo* arasında geçiş formunu oluşturmaktadır. Doku iskelesi olmadan oluşturulan mikrodokular kendi matriks yapılarını kendi üretmektedir ve hücreler böylece daha hızlı çoğalmaktadır. Mikrodoku oluşumu *in vitro* ortamda olmasında rağmen kendi matriksini kullanarak *in vivo* şartları taklit etmektedir.

Son yıllarda yaygın kullanılan biyomalzemelerden olan RGD peptidler, hücrehücre ve hücre-yüzey tutunumununda etkili olan ve GRGDS diziliminden oluşan peptidlerdir. Önceki çalışmalarda bu peptidin hücre proliferasyonunu arttırdığı görülmüştür.

HUVEC (İnsan Kordon Damar Endotel Hücresi) endotel hücre davranışının anlaşılmasında en yaygın olarak kullanılan model hücrelerden birisidir. Ayrıca endotel kaynaklı olup mikrodoku oluşturma kapasitesi yüksek olan damarlanma çalışmalarında da sıklıkla kullanılan model hücre tiplerinden biridir. *VEGF*, *Tie-1*, *Tie-2*, *PECAM-1*, *Ve-cadherin* gibi damarlanma da etkili olup mikrodoku çalışmalarında öncül model araştırması için ifade edebilen genlerdir.

Tüm bunlara bağlı olarak RGD peptidinin HUVEC 3B'lu mikrodoku oluşumuna ve erken dönem mikro vasküler yapılara etkisinin incelenmesi amacıyla bu calışma yapılmıştır. Mikrodoku boyut analizi, canlılık analizi, fokal adezyon analizi, gRT-PCR (Real Time PCR) verileri kullanılmıştır. Çalışma sonucunda RGD peptidlerin HUVEC mikrodoku proliferasyonunu arttırdığı ve mikrodoku oluşumuna katkı sağladığı tespit edilmiştir. Ayrıca RGD peptidlerinin damarlanma sürecinde HUVEC 3 boyutlu mikrodoku oluşumunda etkili rol oynadığı tespit edilmiştir. Farklı RGD peptid konsantrasyonları mikrodoku oluşum sürecinde çalışma da kullanılmıştır. Bu peptidlerin en etkili miktarı 2 mM RGD olarak tespit edilmiştir. 2 mM RGD peptid, 0 mM, 1 mM and 4 mM RGD konsantrasyonlarıyla karşılaştırıldığında hücre canlılığının artmış olduğu saptanmıştır. qRT-PCR sonuçları RGD peptidin damarlanma sürecinin başlamasına yardımcı olduğunu göstermiştir. Tüm bu verilerin sonuçları 2 mM RGD peptidin 3B HUVEC mikrodoku oluşumunda önemli rol ovnadığını ve de damarlanma sürecini de düzenlediğini göstermektedir. Bu calısma RGD peptidlerin damar yapısı oluşturmada kullanılabilir olduğunu öne sürmektedir. Bu nedenle damar dokuları için optimal RGD peptid miktarını kullanımı in vivo damarlanma ağının oluşumuna destek sağlayabilir.

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1. INTRODUCTION

Today, the use of biomaterials is rather widespread because of its ability to imitate natural environments in biomedical technologies. Tissue engineering aims to build the environment of the cells in the body as closely as possible. Interest in 3-dimensional (D) systems has increased in order to provide *in vivo* conditions. Besides, monolayer cell culture and microtissue with scaffold are limited in terms of mimicking ECM (extracellular matrix) and vascularization. 3D systems by supporting with biomaterials have possible to imitate the structure of nature. Moreover, a scaffold-free microtissue permit to the cell which synthesizes own matrix and demonstrates natural behaviors. Therefore, cells can construct vascularize formation. Especially, prevasculogenesis structures can be mimicked or vasculogenesis may be induced with biomaterials by permitting self-assembly of endothelial cells. RGD peptides could increase the effects of vascularization in microtissue formation.

1.1 Purpose of Thesis

For all these reasons, the aim of the study is to identify the effect of RGD peptide on cell proliferation and vasculogenesis during microtissue formation by using scaffold-free 3D microtissue culture. We mainly focused on establishing a better understanding of below concepts:

- Determination of the minimal serum concentration at which microtissue formation is maintained,
- Identify the optimum concentration of RGD on HUVEC microtissue formation,
- Determine the effect of RGD peptide on microtissue size,
- Describe microtissue viability with media which contains RGD,
- Construct pre-vascularize structure with HUVEC cells,
- Analysis expression profiles of vascularization factors on HUVEC microtissue and find the effect of RGD peptides to those factors.

1.2 Literature Review

1.2.1 3D systems

In recent years, 3D cell culture studies have captured a significant trend in terms of proximity to the answers given by cells to many natural conditions; however, the most of these stduies were done in 2D condition (monolayer). 3D cells are separated from the monolayer cell culture and their biochemical processes in terms of both physiological and morphological aspects are different. 3D tissues serve many advantages in the way of mimicking living tissues according to monolayer culture [1-4]. Created microtissues with 3D cell culture exhibit different morphology, gene expression profiles [5] and physiological pathways which include cell signaling, differentiation capacity and proliferation rate from monolayer culture because of different parameters such as mechanical force in tissue, cell to cell connection and cellmatrix interaction [1-3, 6-11]. Although the traditional use of 2D cell cultures is often preferred in laboratories, monolayer techniques limit with cell-cell interaction in edge of cells, producing ECM proteins which are surface, stress fiber and focal adhesion proteins and cell organization [3]. It has low proliferation rate and it is shown loss of cellular structures due to differentiation capacity and different shapes of cells compared with 3D systems [1]. Additionally, it exhibits excessive spontaneous behaviors and just half of cell skeleton or less interacts with ECM [1]. Furthermore, 2D systems restrict mimicking *in vivo* conditions and it has low therapeutic effects in addition it limits in drug research [2, 4, 8, 11]. To eliminate all of the disadvantages of 2D monolayer cell culture, 3D systems which are more complicated were developed and usable of the technique has accelerated. Microtissues can overcome those drawbacks and also presents to better mimic in vivo conditions. It is important to note that design a great environment that mimics the living tissue as far as possible, 3D tissues can provide the best response of tissues because of results of grafting microtissues was observed more compatible than monolayer [2, 3]. Therefore, 3-D cell culture is characterized as a transitional form between 2-D cell culture and in vivo experiments [2-4, 6, 8, 11-15]. While *in vivo* tests have many disadvantages such as economic and ethical problems, 3D systems are very applicable, low cost and don't include ethical problems so it is more preferable.

3D systems can be generally categorized into 3 groups [1]. These:

- 1. Hydrogel basement
- 2. Pre-producing scaffold
- 3. Self-assembly without scaffold

Hydrogel basement 3D cells place into a mold where includes some compound such as ECM materials, collagen, fibrin, Matrigel. Pre-producing scaffolds give permission to expand to cells in surface or cavities (polyurethane, polystyrene, and other compounds used in filter, beads, microtubes, and sponges). Self-assembly system allows cellular organization as scaffold-free which models are microtissues, aggregates, spheroids and cell sheets [1].

1.2.1.1 A scaffold-free technique: 3D petri dish

Tissue engineered 3D constructs are being generally formed on a matrix and implanted to in vivo to enhance tissue regeneration process [16]. Since all of the scaffold matrix cannot involve all the ideal properties for tissue formation, scaffoldfree approach where 3D microtissue developed through cells own extracellular matrix mostly resemble the in vivo conditions. Comparing the conventional 3D scaffolding approach, self-assembly of cells into microtissue structures allows interactions among cells and extracellular matrix secretion without requirement of additional matrix material [17]. Scaffold-free approach can effectively overcome the limitations caused by scaffolding materials such as adequately mimicking the natural extracellular matrix, limited cell-cell communication, non-matching remodeling and degradation profile [18, 19]. Scaffold is often inadequate to mimic fundamental tasks of ECM that arrange cell-cell interaction in tissue microenvironments while scaffold-free microtissue technique uses cell gravitation dependent way and cells produce own matrix in addition to matrix components as self-assembly [1, 2, 4]. Other advantages of scaffoldfree microtissues can be produced as large scale, handled and co-cultured. Moreover, it is easily monitored (Figure 1. 1) and manipulated *in vitro* experiments rather than 3D scaffold-free technique [2]. The technique has therapeutic benefits for tissue regeneration so it can be applicable in pre-clinical research [1, 2].



Figure 1. 1: HUVEC 3D microtissue.

Scaffold-free 3D microtissues are important for vascularization process because of self-producing of ECM. Scaffold-free microtissue mimics native tissue as closely as possible with regard to receptor expression, cell immigration, different transcriptional regulation, apoptosis profile, cellular homeostasis and cell-matrix communication [2, 3] during vascularization period [4]. One of the most important step for vasculogenesis is to wire between vascular structures. Scaffold-free microtissues permit this situation [2, 20]. Therefore, scaffold-free microtissue can be a way for understanding of fundemental function of RGD on vascularization period and expression profiles of its markers.

1.2.2 Human umbilicial vein endothelial cell (Huvec)

Endothelial cells have important effects in vascularization period because of tiny line consist of inner of vascular structures (Figure 1. 2) [21]. Human Umbilical Vein Endothelial Cells (HUVECs) are commonly used in 3D cell culture to enlight especially vasculogenesis, wound healing and osteogenesis process [3, 22-25]. Furthermore, HUVECs are considered promising cell sources for their capacity to differentiate into endothelial cells [11, 21, 23, 26]. The advantages of using HUVECs

are to be easily accessible from umbilical cord and taken by commercial. Moreover, the line express general physiological, pathological duration and also responsive to shear stress or other growth factors [21]. Additionally, HUVECs are applicable in 3D culture both monoculture and also co-culture form. It provides to estimate endothelial behaviors [3, 6, 21, 23, 27-29] but surface dependent endothelial cells may limit own tasks such as differentiation [30]. Furthermore, it can express handily the vascularization markers such as *VEGF*, *PECAM*, *Tie-1 or Tie-2* [21, 25, 26]. For all reasons, HUVECs can ensure better analysis for underlying mechanisms of vascularization in 3D microtissue and effect of RGD during this process.



Figure 1. 2: HUVEC location in vascular structure.

1.2.3 Serum in microtissues

Microtissue formation in micro levels generally requires rich protein and growth factor concentration. Serum as media supplements is the major source of proteins and growth factors. However, the media that contains high serum and growth factor concentrations, it would be hard to identify different parameters such as proteins, cell-cell interaction and biomimetic peptides that are functional on microtissue formation [30]. Serum includes integrin binding proteins and this process is harder understanding of tasks of some molecules [31]. Serum also presents an environment where includes synthetic environment rather than natural [32]. Furthermore, using of serum could lead to contamination on experiments because it has a risk of pathogen contamination [33]. High dosage of serum may cause dead of cells and different concentration of serum can affect gene expression profile, growth

factors, hormones, cell proliferation regardless of source of other components in cell culture, differentiation profile in just the same as HUVEC [32]. The components of serums may be variable because obtained serum from the animal can be changed as far as animal diet, genetically differences [33]. The most common type of serum used in scaffold-free microtissue formation is FBS (fetal bovine serum) which attains from fetal bovine [33, 34]. FBS is used not only monolayer culture but also 3D systems and commonly used as 10 % [9, 33, 35].

In addition, in drug discovery studies serum-drug reaction might occur which inhibits exploring the effect of discovered drug molecules. Determining the minimal FBS content that allows initial microtissue formation could potentially be used for future tissue engineering and drug discovery studies [32].

Taking into account all of these, using of FBS can embower to describe the effect of RGD peptide and change expression profile of markers during vascularization.

1.2.4 Biofunctional peptides

Proteins that are indispensable materials of biological systems are large organic compounds that are formed as a result of the chain of polypeptides being linked together. Peptide fragments classify protein structures. Peptides have a wide range of the human body. Therefore peptides research has accelerated great rate [35, 36]. Tasks of effective polypeptide chain of proteins can be identified in laboratory conditions due to fundamental function or essential chain of protein can be described [36-38]. General describing of peptides can be done as a compound consisting of two or more amino acids linked as covalent bond in a chain. The carboxyl group of each acid is added to the amino group of the next by a bond of the type -OC-NH-.

Solid Phase Peptide Synthesis (SPPS) is a technique which can synthesize high purity peptides on solid resin and has low economical problems. SPPS is more preferable than traditional solution peptide synthesis methods because it has simple purification and isolation stage and available automatisation. Moreover, SPPS method runs extreme coupling reagent in reaction duration [39]. Carboxyl groups of C terminal of aminoacids bind to support materials which are named resin and reactive groups of aminoacids are protected by special chemical materials such as Fmoc or Boc. Whether binding of aminoacid to resin or aminoacid, ninhydrin test was used and if binding process was normal, new aminoacid adding procedure could be continue but if aminoacids didn't bind the resin, aminoacid was added again. After all amino acid sequences were correctly added to resin, deprotection procedure applies which is the last process of peptide synthesis. In this proceeding, constructed peptide separates from resin molecules [39, 40].

SPPS uses Fmoc (Fluorenylmethyloxycarbonyl chloride) and Boc (tbutyloxycarbonyl) chemical components as closed polar but commonly Fmoc is used to experiments due to low cost effect and it responses to therapeutic agents, medicinal chemistry and drug delivery studies. Fmoc SPPS is available for biological studies and easy to handle because it is corrosive when it faced with TFA in the synthetic cycles [41, 42]. While Boc group inhibits racemisation during activation and binding, Fmoc group releases a group of urethane conserving compounds containing the benzyl carbamate (benzyloxycarbonyl) which affect cellular functions [41].

Peptides in tissue engineering support to control cell culture by modifying chemical of surfaces and mimicking functions of proteins in organisms. After entered own task in the microenvironment, it can be easily degraded. In addition, cell attachment performance can be enhanced by coating surface of materials and how cells behave in material with peptide can be examined in medium without serum. Peptides capture a trend in drug delivery and gene therapy studies due to surface modification can be done by peptides [30, 36]. Another key point of using peptides is to promote cell proliferation via mimicking ECM proteins such as vitronectin, laminin and fibronectin *in vitro*. However, those ECM molecules are large protein sequences, large peptides are not stable form, hard to synthesis compared with short peptides. Althought, self-assembly can be observed in large peptides [31, 39] short peptides have many advantages and also commonly used in experiments because of all these disadvantages of large sequences [30].

Therefore, using small peptide sequences can be affected in HUVEC microtissue formation during vasculogenesis.

1.2.4.1 Rgd (grgds) peptides

Biomimetic materials are commonly used in different area, especially biomimetic materials in tissue engineering provide structural support and enlarge into a place for cells or tissue [31]. The most popular studied peptides are RGD peptides which consist of arginine (R), glycine (G) and aspartate (D) sequences and there are different RGD motif such as GRGDS (Figure 1. 3), RGDSC. Large motifs of RGD is more specific than only RGD sequences. The peptide has integrin binding task which binds to vitronectin, fibronectin, fibrinogen, osteopontin, laminin, collagen and bone sialoprotein [30, 31, 43-45].

The sequences are rather effective in attachment of cells and it provides high capability of integrin binding sites and regulation of cell affinity. While used natural ECM molecules lead to immune response and it has a risk grafted microbial contamination, RGD peptides don't induce immune reactivity and it is applicable in clinical researchers. RGD synthesis has basic and handling process, adjustable concentration and low cost [31, 45]. It has regulated effect because RGD peptides attach fundamentally integrin molecules which have active roles in cell-matrix connection. It has also effective role in angiogenesis period [44, 46, 47]. It increases cell proliferation and cell growth [48]. Thus, the peptide can enhance attachment between cells and it can hold cells in specific ECM molecules. The performance of RGD peptides proceeds working period and stay stable *in vivo* and *in vitro* condition. It can modify in different surfaces and coat to implantable materials. Thus materials can gain functionality and be regulated such as cell migration [31, 37].

Effective unit of fibronectin molecules which is RGD acts together with other ECM molecules. Only RGD domain could not induce integrin signal pathways in native tissue [31, 49].

One of the drawbacks of RGD peptides is restricted describing of the molecular mechanism of RGD especially in HUVEC vascularization period [31]. Another disadvantage is different concentration of RGD which can cause unexpected results. RGD binds point of cell-matrix connection and it can be drag apoptosis pathway [50].

To eliminate disadvantages of RGD peptide, it is found optimum RGD quantity for HUVEC microtissue during vascularization. The sequence which is Arg-Gly-Asp did complex with some vascular specific proteins such as anginex and annastellin during vascularization and it regulates angiogenesis and vasculogenesis [51].



Figure 1. 3: GRGDS peptides structure in solid phase peptide synthesis.

1.2.5 Vascularization

Vascularization is a vital period to continue tissue viability. Because the vascular structures provide the delivery of the nutrient and oxygen that required by cells to the tissues. In addition, it helps to remove waste of cells [52]. Therefore, vascularization process is fundamental process for engineering of vascularized tissues.

The vascular structure consists of 3 different layers: *the tunica intima*, the luminal layer, *the tunica media*, the middle region and *the tunica adventitia*, the outermost layer [52]. Endothelial cells are located in tunica intima [21, 37, 52]. The luminal layer is covered by the tunica intima where always face with blood circulation [30]. Both of layers consists of smooth muscle cells, fibroblast and ECM proteins such as collagen, laminin and elastin. The membrane provides endothelial cell attachment and structural integrity and the media supports physical durability [30, 37, 52]. While all of the large vascular structure contains triplicate of layers, thickness of the layers is varied in different places. When examined microvascular forms contains 3 steps which consist of precapillary, capillaries, and post capillary venules. Tasks of this structure generally delivery of nutrients and oxygen and also carry out wastes. Although the success of microstructures is poor in transplantation, it is ideal for describing of molecular mechanisms of vascularize networks [52]. New vascular structures construct 2-7 days and continue inflammation between 2-3 days. Vascularize grafts implanted after 7 days [53].

In vascularization process, HUVECs reproduce in matrigel environment with ECM proteins and differentiate to vascular structures [54]. Vascularization occurs with

2 complex process which is angiogenesis and vasculogenesis process that increases with growth factors such as VEGF. Stem cells differentiate endothelial cells in vascularization and take place assemblage of precursor cells. Consequently, new vessels form in angiogenesis [55]. Vascular structures are fundamental issue for all tissue applications especially in bone tissue, cancer, neurological studies, muscular and cardiovascular systems for understanding hypoxia and nutrient deficiency [56].

Genetic materials can be effective *in vitro* angiogenic and vasculogenic capacity [30, 57]. For example, VEGF and FGF enhance angiogenic capacity by proliferating endothelial cells and starting capillary networks [46, 57].

1.2.5.1 Vascularization Markers

Vascular endothelial growth factor (VEGF)

A pro-angiogenic factor which is vascular endothelial growth factor (VEGF, VEGF-A and VPF) is a universal signaling marker in cancer, retinopathies and wound healing [58, 59]. It is important not only angiogenesis but also vasculogenesis. VEGF variants are expressed in different tissue such as myocardium, skeletal muscles, placenta, heart, colon and small intestine. It may be an important prognostic marker that identifies those disease with regard to vasculogenesis. It has the ability to start vascularization even when it is naked VEGF sequences alone [59]. It is a glycoprotein which has homodimeric structure. VEGF triggers vessel permeability and reproducing and migration of endothelial cells. In addition to VEGF downregulates in the dead of endothelial cells because of specific mitogen for endothelial cells. VEGF permits migration of endothelial cell (Figure 1. 4) which is important for vasculogenesis and angiogenesis periods and enhances endothelial cell proliferation [59, 60]. It can be affected from the environment which includes growth factors, hormones, cytokines, hypoxia and mechanical stress [61]. VEGF may even inhibit Tie expression [59].

VEGF expression analysis may give the great result for anti-angiogenic studies because it upregulates during the neo-vascularization period [59, 62].





In angiogenesis, the receptor kinase signal of endothelial cells is provided by two fundamental genes which are *VEGF* and *Tie* (receptor tyrosine kinase) genes. *Tie-1 and Tie-2* genes are expressed by endothelial cell in vascularization period [58, 63]. Suppressive *Tie-1* may be lethal in organisms because of it is effectively another gene not only embryos but also adult tissues during angiogenesis process. Over-expressed marker in the late period whose described as *Tie-1* is needed to construct and develop vascular structures. *Tie-1* triggers not only inhibition of *Tie-2* but also sustaining of *Tie-2* expression in different conditions. As for *Tie-2* which is another important factor in maturation and development of vascular structures. *Tie-1 and Tie-2* genes construct heterocomplex structures. *Tie-1* creates the complex which inhibits *Tie-2* expression [63-65].

Platelet endothelial cell adhesion molecule (Pecam)

PECAM (Platelet Endothelial Cell Adhesion Molecule) is a member of immunoglobulin (Ig) family which plays role in endothelial cell connection, immunity, migration, hemostasis, inflammatory response as described in Figure 1. 5 [66-69]. *PECAM* has a task which response intracellular junctions, cellular regulation.

Upregulation of integrin proteins is directed by hemophilic engagement of *PECAM*-1. *PECAM* is not effective in integrin roles but it is affected by integrin. Effective role of *PECAM* in integrin molecules can activate tyrosine kinase receptors such as PDGF, FGF, *VEGF*, NGF, and M-CSF in endothelial cells. Another important role of *PECAM* in integrin binding capacity is cells communication and cell-matrix interaction. When *PECAM* was dephosphorylated, the amount of the other tyrosine kinase molecules increased. It is expressed within border of endothelial cells [68, 69].



Figure 1. 5: *PECAM* molecules and roles [68].

Vascular endothelial (Ve) cadherin

Vascular Endothelial (VE)-cadherin is a gene which has the important role in neo-vascular permeability, integrity and communication between endothelial cells (as presented in Figure 1. 6) during vasculogenesis [70-72]. It has several fundamental tasks such as cell cycle regulation, cell junction responsibility [71, 72], expression of the target gene and transcriptional factors, proliferation for vascular structure especially early period, cellular detachment and vascular structures like lumen formation. VE-cadherin works with other angiogenic and vasculogenic markers such as VEGF. VEGF and Ve-cadherin enhance vascular permeability and increase proliferation rate in angiogenic period. When VEGF expression increases, Ve-cadherin state promotes [72].



Figure 1. 6: Role of *PECAM* and VE-cadherin molecules during vascularization [70].

3D microtissues provide to produce own extracellular matrix and vascularization formation via self-assembly of endothelial cells [10]. FBS concentration is effective component in microtissue formation process while it has some disadvantages [32, 33]. HUVECs are model cell types in terms of understanding of endothelial cell behaviors and constructing vascularization [9]. RGD peptides are universal peptide units that bind integrin molecules which play role in cell-cell interaction and cell-matrix connection [73].

The questions of the thesis,

- Which concentration of FBS does permit to construct HUVEC microtissue?
- Do RGD peptides affect cell-cell and cell-matrix communications during HUVEC microtissue formation process?
- Do RGD peptides influence pre-vascularization markers and contribute to vasculogenesis processing?

Therefore the hypothesis and methodology of the thesis investigate the effect of RGD peptide on cell proliferation in microtissue formation and find active marker expression during vascularization period related to RGD peptides.
2. MATERIALS & METHODS

2.1 Peptide Synthesis

Resin molecules were used to solid phase for attachment aminoacids. Molecular weight is calculated by the peptide calculation database. 900 mg of resin was weighed and swelled in 9 ml of DMF for 30 minutes. Aminoacids (4 eq), HBTU (2eq), HOBt (2 eq), DIEA(4 eq) were added the resin. Resins which are attached with Fmoc incubated 15 min. in 9 ml piperidine solution on shaker. It was washed with DMF 3times. It was done ninhydrin test to look at whether Fmoc tail diverged or not. 10µl of resin washed with (1ml) DIC. Kaiser Reagent A (pyridine-leq), Reagent B (ninhydrin-leq) and Reagent C (phenol-leq) was added respectively. The resins were removed the tubes and waited 100°C 5 min. in heat block. Dark blue means that the Fmoc has been opened. The resin was appropriated for adding an amino acid. 0,67 eq resin, 2 eq amino acid, 2 eq HBTU, 4 eq DIEA ve 2 eq HOBT was calculated per amino acid. Amino acid addition was performed in the nitrogen pyramid. Within 6 ml, dissolve all materials but then DIEA was added into the resin. 1.5 hour shaker is expected at 400 rpm. Kaiser Test is used to determine whether amino acids are attached. The yellow appearance of the resins indicated that the amino acid was bound. Then Fmoc tail diverged again and GRGDS sequences were continued till completely synthesized. TFA solution was prepared to cleavage. %95 TFA, %2,5 DI water, %2,5 TIPS solution was prepared and 2 ml added. It was gently shaked 1 hour per 20 min. The amino acids was precipitated into 30 ml cold (-20°C) diethylether solution. 2,5 ml TFA solution was added again into resin tubes and also precipitated cold diethylether solution again. It was 10min. 4°C 17000 rpm centrifuged and after remove supernatant, the process was done 2 times. It was allowed to evaporate the ether 1 day overnight. Water was added until solubilized peptides. The water was evaporated with Freeze Dryer and it was provided the pure peptides. After synthesis of RGD peptides, HPLC measurement was done and the value of RGD peptides was used the least 70 % purity [40].

2.2 2D Cell Culture

HUVEC line was used between passage numbers 18-24. The line was taken from Ege University. Monolayer culture was done by DMEM (DMEM–Dulbecco's Modified Eagle Medium, Sigma, D6046) which includes 1% L-Glutamine (Gibco, 25030081) and 1% Penicillin (Gibco, 15140122), %10 FBS (Fetal Bovine Serum, Sigma, F6765). Media was changed per 2 days. When HUVECs were 80-90% confluent, and they were washed 3 times with PBS and passaged to use for 3D cell culture by using trypsin-EDTA (Gibco, 15090046) solution. After 5 min., 5%CO₂, 37°C in incubator, cells were centrifuged at 900 rpm, 4 °C, and 5 min. the number of cells was calculated trypan blue dye.

2.3 3D Cell Culture

To construct the microtissue after providing sterile condition, 330 μ l agarose gel was created by 3D petri dish (24 well) shown as Figure 2. 1. The agarose gel was incubated to accommodate at 30 min. with media and add HUVECs into agarose mold then waited 30 min. in incubator.



Figure 2.1: Fabrication of microtissue.

2.4 FBS Experiment

 $18,000/75 \ \mu$ l cells were added into agarose mold. The experiment was realized in DMEM media with 1% L-Glutamine and 1% Penicillin and also different concentration of FBS. FBS was used 10%, 5%, 1% and 0%. %10 FBS was used as positive control. The media was changed once every 2 days with 500 μ l.

The micrographs were taken at different magnification such as 10x and 40x the least 3 different well and 3 different agarose mold (n=9). Micrograph of microtissue

was taken by CellSense software and light microscope (Olympus). The diameter of microtissues was measured on 1^{st} , 3^{rd} , 5^{th} , 7^{th} by Image-J (NIH). The mean values and standard deviations of all results were reported. The Student-t test was used to evaluate the results. A value of P*<0.05, P**<0,01 and P***<0,001 was considered statistically significant. The measurements were graphically created.

2.5 Differentiation Experiment

The experiment was realized with 60,000/ 75 μ l cells. Peptides were mixed with EBM (Endothelial Basal Medium, Lonza) and were sterilized by filtering and also were used with 500 μ l (Figure 2. 2). The groups were 4 mM RGD, 2 mM RGD, 1 mM RGD and 0 mM RGD without serum and 10% FBS group was used as positive control. The media was changed once every 2 days with 500 μ l.

The micrographs were taken at different magnification such as 10x and 40x the least 3 different well and 3 different agarose mold (n=9). Micrograph of microtissue was taken by CellSense software and light microscope (Olympus). Diameter of microtissues was measured on 1^{st} , 3^{rd} , 5^{th} , 7^{th} by Image-J (NIH). The mean values and standard deviations of all results were reported. The Student-t test was used to evaluate the results. A value of P*<0.05, P**<0,01 and P***<0,001 was considered statistically significant. The measurements were graphically created.



Figure 2. 2: Treatment of RGD peptides on 3D microtissue.

2.6 Vascularization Experiment

The study was performed with 100,000/ 75 μ l cells. Peptides were mixed with EGM-2 Bullet Kit (Lonza, C3156) and were sterilized by filtering and also were used

with 500 µl. The groups were 4 mM RGD, 2 mM RGD, 1 mM RGD and 0 mM RGD without serum and 10% FBS group was used as positive control again. The medium with RGD was changed per 2 days.

The micrographs were taken at different magnification such as 10x and 40x the least 3 different well and 3 different agarose mold (n=9). Micrograph of microtissue was taken by CellSense software and light microscope (Olympus). Diameter of microtissues was measured on 1st, 4th, 7th by Image-J (NIH). The mean values and standard deviations of all results were reported. The Student-t test was used to evaluate the results. A value of P*<0.05, P**<0,01 and P***<0,001 was considered statistically significant. The measurements were graphically created.

2.7 Live & Dead Assay

Double Staining Kit (Dojindo, Molecular Technologies, Inc, Japan) is used to demonstrate the rate of viable or dead cells in microtissue. The medium was attentively removed and the mold washed 3 times with PBS. Stock solution was prepared by using 1 mmol/L solution A-green (Calcein-AM/DMSO) and 1,5 mmol/L solution B-red (PI/purified water). The solution was applied by 500 µl. After incubation in 15 min., 37oC, the solution was removed and then washed 5 times with PBS again. The microtissues were observed under the fluorescent microscope (Olympus) in 10x and 40x magnification. Both live (green) and dead (red) cell micrographs were taken separately and merged with CellSense Entry software, too.

2.8 Actin Cytoskeleton / Focal Adhesion Staining Kit

This kit was used for understanding cell viability and cell configuration of microtissue. Phalloidin dyes actin filaments which are important for understanding of vascular structures. To understand the places of cell nucleus it was used DAPI dye. After removing the media from agarose mold washed 4 times with PBS without damaged the microtissue. Microtissue was fixed at 4% paraformaldehyde 20 min. at room temperature. They washed 3 times with PBS and incubated with 0.1% Triton X-100 in 1x PBS for 1-5 minutes at room temperature. They washed 3 times at room temperature. They blocked by using 1% BSA (Bovine Serum Albumin). TRITC conjugated Phalloidin was prepared as 1:1000 ratio within 1X PBS and incubated 60 min. each

agarose mold at room temperature. After 3 times washed with PBS, the mold treated with DAPI at room temperature 5 min. and washed 5 times with PBS, 5 min for each washing operation. The micrographs were observed under the fluorescent microscope (Olympus) in 10x and 20x into PBS. Red dye presents phalloidin and blue dye represents DAPI which is nucleus of cells. Cell micrographs were taken separately and merged with CellSense Entry software, too.

2.9 Gene Expression Analysis

2.9.1 Rna isolation

Agarose mold was washed 3 times with PBS. Microtissues were incubated with 0,2 % trypsin in PBS. The mold was centrifuged 900 rpm, 10 min., at 4°C. Each mold was checked until all microtissues were harvested. RNA Isolation Kit (Geneaid, RB100) kit was applied to all samples as protocols proposed. After harvesting in 300g 3 min. by centrifugation process, microtissues were lysed with RB Buffer. After washing with firstly W1 and then Wash Buffer solution, RNA was collected by 30 μ l RNase Free Water. The concentration of RNA sample was calculated by nanodrop (Thermo, Nanodrop 2000) and stored -20°C.

2.9.2 Dnase treatment

After all of RNA eluted from microtissues, DNase Treatment was used for eliminate double strand DNA molecules. 0,1 volume TURBO DNase Buffer and Turbo DNase RNA was added into all RNA samples. After incubation 30 min. at 37°C, 0,1 volume DNase Inactivation Reagent was mixed with this solution. It was incubated 5 min. in room temperature. It was centrifuged in 10,000 g 1,5 min which provides precipitation of DNA molecules and RNA was carefully taken from supernatant. The study was recognize by TURBO DNA – Free (Ambion Life Technologies AM 1907).

2.9.3 Cdna synthesis

M-MuLV First Strand cDNA Synthesis Kit Protocol (Biomatiks, K5147) was used as described for all RNA samples on ice. After adding Oligo dT, Random Primer, dNTP Mix, Nuclease Free Water into 3 µl RNA, components were incubated at 65°C 5 min. RT Buffer, RNase Inhibitor, M-MuLV Reverse Transcriptase was added and PCR was realized as described at 25°C for 10 min, at 42°C 50 min, at 85°C for 5 min. and stored at -20°C.

2.9.4 Realtime pcr

All primers were taken as commercial by Generi, OligoTerm B (**Table 2. 1**). The sequences of primers:

GENES	PRIMERS	ТМ
GAPDH	F:GAAATCCCATCACCATCTTCC	54,3°C
	R:CCAGCATCGCCCCACTT	58,8°C
VE-cadherin	F: TCACCTGGTCGCCAATCC	57,8°C
	R: AGGCCACATCTTGGGTTCCT	58,9°C
PECAM	F: GCTGACCCTTCTGCTCTGTT	57,4°C
	R: TGAGAGGTGGTGCTGACATC	56,8°C
VEGF	F: ATCTTCAAGCCATCCTGTGTGC	57,6°C
	R: GCTCACCGCCTCGGCTTGT	64,3°C
TIE-1	F: AGGTCACGCTTCGCGGCTT	63,2°C
	R:CCAAAACGGCCCTCTCTG	56,4°C
TIE-2	F:TAGAGCCTGAAACAGCATACCAGG	58,5°C
	R:CTATTGGCAATGGCAAATGCTGGG	59,4°C

Table 2. 1:Vasculogenesis gene primer sequences [26, 67, 71, 74, 75].

For qPCR analysis, Power SYBR Green PCR Master Mix (Appliedbiosystems, 4367659) was used and the experiment was realized with StepOne Real-Time PCR Systems (Appliedbiosystems). To find the best primer efficiency ratio of GAPDH which is used for housekeeping gene, optimization was done. Other primers were normalized according to GAPDH. qPCR was realized with 20 μ l by using 200 nmol 0,1mM primers, SYBR Master Mix, cDNA that diluted 1:10 ratio and water. qPCR steps:

- Holding Stage: at 95°C 10 min.
- Cycling Stage: at 95 °C 15 sec.
- at 64,4 °C 1 min.

Cycling stage includes 40 cycle. The best Tm value is 64,4 °C for primers of this experiment.

• Melt Curve Stage: at 95 °C 15 sec.

- at 60 °C 1 min.
- at 95 °C 15 sec.

The result of qPCR was analyzed by StepOne Software v2.3 and Ct values were classified by $2^{-\Delta\Delta Ct}$ method. Every group was experimented in qPCR as doublet and repeated as triplicate (n = 6).

3. RESULTS

3.1 Identification Of Minimal Fbs Concentration On Microtissue

The microtissues with different FBS concentration were developed by using 3D petri dish technique as explained in methods section (Figure 3. 1 (A-D)). The effect of different % FBS concentration researched on microtissue formation. The diameter of microtissues was calculated the least 3 times by Image-J Software (NIH) for each spheroid (n=9).



Figure 3. 1: Fabrication of scaffold-free microtissue.

(A) 3D Microtissue fabrication plastic mould, (B) Mould is filled with agarose, (C)
3D Petri dish of agarose gel separated from the mould, (D) Final 3D Petri dish, (E)
Low (3x) and (F) high (20x) magnification of developed microtissues with 10% FBS containing media, (G) A representative micrograph of the LIVE/DEAD assay of microtissues with 10% FBS containing media.

The low and high magnifications micrographs of 3D microtissues developed after 7 days of culture with 10% FBS included media were presented Figure 3. 1E and F. As depicted from the figure, microtissue formation successfully occurred with the initial cell concentration of 12.000 cells in 75 μ l. It was also observed that cell viability is quite high in microtissues formed with 10% FBS included media (Figure 3. 1).



Figure 3. 2: Micrographs of developed microtissues with 0% (A), 1% (B), 5% (C), and 10% (D) FBS containing media at day 1. Scale bar represents 100 µm size.



Figure 3. 3: Micrographs of developed microtissues with 0% (A), 1% (B), 5% (C), and 10% (D) FBS containing media at day 7. Scale bar represents 100 μ m size.



Table 3. 1:Effect of 0%, 1%, 5%, and 10% FBS containing media on the size of
the microtissues at 1, 3, 5, and 7 day. (*p < 0.05, **p < 0.01, ***p < 0.001).

Early microtissue formation response of the monodispersed cells in 0%, 1%, 5% and 10% FBS concentrations were presented in Figure 3. 1 A, B, C, and D, respectively. Micrograph of microtissues was shown in Figure 3. 2 for the first day. The average diameters of microtissue like constructs for 0%, 1%, 5% and 10% FBS at day 1 are 277.1 ± 12.4 , 287.6 ± 16.1 , 294.7 ± 7.9 , and $302.2 \pm 2.2 \mu$ m, respectively. There was no statistically significant difference among the different FBS containing groups. Microtissue micrographs at day 7 for 0%, 1%, 5% and 10% FBS concentrations are presented in Figure 3. 3 A, B, C, and D, respectively. The average diameters of microtissue like constructs for 0%, 1%, 5% and 10% FBS at day 1, 3, 5 and 7 are given in Table 3. 1. The average diameter at day 7 for 0%, 1%, 5% and 10% FBS microtissue groups were measured as 229.4 ± 12.4 , 310.9 ± 16.1 , 332.4 ± 7.9 , $368.5 \pm 9.3 \mu$ m, respectively. It was observed that at day 5 and 7 the average diameter of the 10% FBS microtissue is significantly larger than 0% FBS (***p < 0.001). Moreover, at day 5 and 7, 1% and 5% FBS microtissue groups also formed

significantly larger microtissues compared to 0% FBS group (**p < 0.01). At day 3 the only significant difference was observed between the 10% FBS group and 0% FBS group (*p < 0.05).



Figure 3. 4: Viability of cells within the microtissues for 0% (A), 1% (B), 5% (C), and 10%(D) FBS groups was examined on day 7. (green: LIVE cells, red: DEAD cells) (20x). Scale bar represents 100 μm size.

The fluorescent microscopy images showing the live and dead cells for experimental groups of 0%, 1%, 5% and 10% FBS at day 7 were shown in Figure 3. 4 A, B, C, and D, respectively. It was examined 6 samples for all groups. The higher cell viability was observed in higher FBS concentration. For instance, 10% FBS constructs revealed highest green intensity with limited red intensity. Decreasing the FBS concentration to 5% and 1% red color intensity was increased which is directly related with higher dead cells compared to 10% FBS in all samples. Furthermore, 0% FBS microtissues showed highest red color intensity with limited green intensity at day.

3.2 Determination Of Effective Rgd Ratio On Huvec Microtissue

Containing different RGD concentration EBM (Endothelial Basal Medium) media was used for each group (n=6). The experiment was materialized 60,000 cell/75 μ l. RGD peptides were calculated as 4 mM, 2 mM, 1 mM, 0 mM which is used as negative control and also 10 % FBS concentration was used as positive control. Diameters were measured at the least 3 times by Image-J Software (NIH). Figure 3. 5 represents micrograph of microtissues at 1st, 3rd, 5th and 7th days in 100 μ m scale bar.



Figure 3. 5: Different concentration of RGD peptides on HUVEC microtissues at 1st, 3rd, 5th and 7th days.

A) 0 mM RGD at 1st day B) 0 mM RGD at 3rd day C) 0 mM RGD at 5th day D) 0 mM RGD at 7th day E) 1 mM RGD at 1st day F) 1 mM RGD at 3rd day G) 1 mM RGD at 5th day H) 1 mM RGD at 7th day I) 2 mM RGD at 1st day J) 2 mM RGD at 3rd day K) 2 mM RGD at 5th day L) 2 mM RGD at 7th day M) 4 mM RGD at 1st

day N) 4 mM RGD at 3rd day O) 4 mM RGD at 5th day P) 4 mM RGD at 7th day Q) 10% FBS at 1st day R) 10% FBS at 3rd day S) 10% FBS at 5th day T) 10% FBS at 7th day in 100 μm scale bar.



 Table 3. 2:
 Different RGD concentration on HUVEC microtissue formation.

Calculated diameter of microtissues was in Table 3. 2. The average size of microtissues in respectively 0 mM, 1 mM, 2 mM, 4 mM and also 10% FBS containing media was 115,94 \pm 6,06, 118,13 \pm 2,99, 123,65 \pm 5,45, 155,97 \pm 4,66, 196,63 \pm 21,64 μ m at 1st day. Statistical difference was found between %10 FBS group and 0 mM RGD (p*<0,05). Additionally, 0 mM and 4 mM groups were significant as statistical (p**<0,01). Diameters of 0 mM, 1 mM, 2 mM, 4 mM and 10% FBS groups were calculated respectively as 306,98 \pm 9,91, 312,03 \pm 5,18, 356,85 \pm 11,33, 414,73 \pm 6,20, 416,00 \pm 10,69 μ m at 3rd day. Statistical analysis was observed that %10 FBS and 4 mM RGD peptides diameters were rather significant compared with 0 mM RGD (p**<0,001). 0 mM and 2 mM RGD peptide groups were significant different (p*<0,05). At 5th day, average diameters of 0 mM, 1 mM, 2 mM, 4 mM and 10 % FBS microtissues were calculated respectively as 315,24 \pm 8,35, 355,36 \pm 14,94, 391,54 \pm 5,93, 468,41 \pm 7,39, 472,85 \pm 7,72 μ m. Statistical significant difference was found in %10 FBS, 4 mM and 2 mM RGD group compared with 0 mM RGD (p***<0,001). 1 mM RGD group had significant difference, too (p*<0,05).

To understand viability of microtissues, live and dead assay was applied and the highest ratio was observed in 2 mM RGD peptides after 10 % FBS as surveyed in Figure 3. 6.



Figure 3. 6: The viability of HUVEC microtissues in different RGD concentrations.

A) 0 mM RGD B) 1 mM RGD C) 2 mM RGD D) 4 mM RGD E) 10% FBS.

To analyze the viability of microtissues, live&dead assay was applied in 0 mM RGD as negative control, 1 mM RGD, 2 mM RGD, 4 mM RGD and also %10 FBS at day 7th and as shown respectively Figure 3. 6 A, B, C, D and E. The experiment was fulfilled as triplicate (n=3) and it was taken 3 micrographs for each group. The group used as a positive control was the group of the highest viability microtissue. The highest red color intensity was observed in 0 mM RGD group. 0 mM and 1 mM RGD microtissues were observed as fewer cell viability. 2 mM RGD and 4 mM RGD microtissue were nearly equal to positive control, even 4 mM RGD microtissue demonstrated that the viability of cells was less than 2 mM RGD peptide at 7th day.

3.3 Effect Concentration Of Rgd Peptides On Vascularize Huvec Microtissues

The experiment was prepared as 5 group which are 0 mM RGD, 1 mM RGD, 2 mM RGD, 4 mM RGD and 10% FBS group. While 0 mM RGD was used as negative control, %10 FBS was used as positive control, again. Microtissues were growth in

EGM-2 Media (Endothelial Cell Growth Medium) with 100,000 cell/75 μ l. The experiment was repeated the least 3 times and microtissues diameters were calculated the least 3 different microtissues (n=9) by Image-J (NIH). The micrographs were taken at 1st day, 4th day, 7th day and it presented in Figure 3. 7.



Figure 3. 7: The micrographs of vascularized HUVEC microtissues in different RGD concentration.

A) 0 mM RGD at 1st day B) 0 mM RGD at 4th day C) 0 mM RGD at 7th day D) 1 mM RGD at 1st day E) 1 mM RGD at 4th day F) 1 mM RGD at 7th day G) 2 mM RGD at 1st day H) 2 mM RGD at 4th day I) 2 mM RGD at 7th day J) 4 mM RGD at 1st day K) 4 mM RGD at 4th day L) 4 mM RGD at 7th day M) 10% FBS at 1st day N) 10% FBS at 4th day O) 10% FBS at 7th day scale bar used as 100 µl. Diameters of canalized HUVEC microtissues to vascularization were presented in Table 3. 3. 0 mM RGD, 1 mM RGD, 2 mM RGD, 4 mM RGD and %10 FBS groups diameters were respectively 274,13 \pm 8,96, 279,69 \pm 8,96, 275,04 \pm 8,46, 568,23 \pm 55,76, 329,90 \pm 12,07 at 1st day. Statistical analysis exhibited that 4 mM RGD and 10% FBS including media were significant by comparison with 0 mM control group (p**<0,001) at 1st day. At 4th day, 0 mM RGD, 1 mM RGD, 2 mM RGD, 4 mM RGD and %10 FBS groups were respectively calculated as 243,23 \pm 6,96, 225,60 \pm 6,96, 282,10 \pm 9,15, 326,79 \pm 18,59, 344,90 \pm 18,86. Results of statistical analysis was demonstrated that only 1 mM RGD peptide was significant (p*<0,05) and the others were significant (p***<0,001). Diameters of 0 mM, 1 mM, 2 mM, 4 mM RGD and %10 FBS groups were respectively 228,26 \pm 6,15, 218,18 \pm 6,15, 294,41 \pm 13,52, 310,15 \pm 16,57, 353,66 \pm 22,07 μ m at 7th day. Statistical analysis has shown that including 2 mM RGD, 4 mM RGD and %10 FBS microtissues diameters have had significant (p***<0,001). All data presented in Table 3. 3.



Table 3. 3:Diameters of HUVEC vascularized mi crotissue in different RGD
peptide.

To understand the viability of canalized HUVEC microtissue to vascularization, Live & Dead assay experimented and results of the experiment presented in Figure 3. 8 A-E and micrographs represented 0 mM RGD, 1 mM RGD, 2

mM RGD, 4 mM RGD and %10 FBS, respectively at 7th day in 100µl scale bar. The experiment was achieved as triplicate and micrographs were taken 3 different microtissues (n=3).



Figure 3. 8: Viability analysis of vascularized microtissue in different RGD concentration.

A) 0 mM RGD B) 1 mM RGD C) 2 mM RGD D) 4 mM RGD E) 10% FBS.

10% FBS group had the highest viability ratio and 0 mM RGD group had the highest dead cell ratio because of red color intensity. Likewise, 4 mM RGD group had the high level of red color intensity. 2 mM RGD peptides were similar to %10 FBS and 1 mM RGD peptide group included high viable cell and dead cell in outside of microtissues.

Focal adhesion dye was done to identify actin skeleton and determine the location of cells in microtissues. The experiment was realized triplicate and micrographs were taken 3 different microtissue (n=9) at 7th day in 100 μ m scale bar. Phalloidin dyes actin skeleton which is the red color and DAPI dyes nucleus of cells which is the blue color. Figure 3. 9 represents phalloidin & DAPI dye and Figure 3. 9 A-E represent respectively 0 mM RGD, 1 mM RGD, 2 mM RGD and 4 mM RGD and also %10 FBS.



Figure 3. 9: Actin flament & nucleus dye in vascularized microtissues.A) 0 mM RGD B) 1 mM RGD C) 2 mM RGD D) 4 mM RGD E) %10 FBS.

While microtissues containing 0 mM RGD peptide were observed as dispersed, 1 mM and 2 mM RGD peptide groups were constructed microtissue form but not 4 mM RGD group. 4 mM RGD group did not observe any microtissue form. It did not have nucleus form. %10 FBS group were constituted great microtissue.

3.3.4 Vasculogenic gene expression analysis



Table 3. 4:*VEGF* fold differences during vasculogenesis.

As described in Table 3. 4, VEGF expression of 0 mM, 1 mM, 2 mM and 4 mM RGD groups were calculated respectively $1,33 \pm 0,02$, $14,55 \pm 1,89$ which was found significant (p**<0,01), 9,94 ± 3,49, 2,85 ± 0,03 which was found significant (p**<0,001) fold at 1st day. VEGF expression of 0 mM, 1 mM, 2 mM and 4 mM RGD groups were analyzed respectively $1,75 \pm 0,02$, $26,69 \pm 2,91$ which was found significant (p**<0,01), 24,88 ± 5,28 which was found significant (p**<0,01), $3,38\pm0,82$ fold at 4th day. VEGF expression of 0 mM, 1 mM, 2 mM and 4 mM RGD groups were measured respectively $3,01 \pm 0,36$, $41,20 \pm 12,05$, $57,56 \pm 7,30$ which was found significant (p*<0,05), $2,62 \pm 0,46$ fold at 7th day. The expression profile of VEGF was observed that increased until 7th day in 1 mM and 2 mM group during HUVEC vascularized microtissue while 4 mM group fold difference was not only relatively less than other group but also VEGF expression just increased at 4th day.



Table 3. 5:*Tie-1* fold differences during vasculogenesis.

Expression of *Tie-1* gene of 0 mM, 1 mM, 2 mM and 4 mM groups were respectively found as $1,09 \pm 0,20$, $7,90 \pm 0,17$ which was found significant $(p^{***}<0,001)$, $5,76 \pm 0,74$ $(p^{**}<0,01)$, $5,63 \pm 1,96$ at 1^{st} day, $6,62 \pm 1,16$, $80,14 \pm 3,66$ $(p^{***}<0,001)$, $111,12 \pm 4,11$ $(p^{***}<0,001)$, $9,33 \pm 0,84$ at 4^{th} day and $9,01 \pm 1,74$, $76,51 \pm 11,78$ $(p^{**}<0,01)$, $115,85 \pm 11,94$ $(p^{**}<0,01)$, $9,18 \pm 1,24$ at 7^{th} day in **Table 3. 5**. Fold differences of *Tie-1* was virtually same ratio in 1^{st} day during vascularization of microtissue while at 4th day and 7th day of 1 mM and 2 mM groups were overexpressed and ratios were significant.



Table 3. 6:*Tie-2* fold differences during vasculogenesis.

The differences fold of *Tie-2* gene of 0 mM, 1 mM, 2mM and 4 mM were respectively calculated as $0,48 \pm 0,11$, $4,12 \pm 0,52$ which was found significant (p*<0,05), $1,01 \pm 0,09$ (p**<0,01), $1,65 \pm 0,03$ at 1st day, $1,34 \pm 0,26$ 11,62 $\pm 2,01$ (p*<0,05), $21,16 \pm 4,07$ (p*<0,05), $1,53 \pm 0,27$, at 4th day and $3,43 \pm 0,19$, $33,37 \pm$ 7,97, $68,21 \pm 11,99$, $2,17 \pm 0,28$ each group was found significant (p*<0,05) at 7th day (**Table 3. 6**). The expression of *Tie-2* was observed as minimal in the first day in 1 mM and 2 mM RGD group which were overexpressed *Tie-2* gene by RGD at 4th day. Overexpression of *Tie-2* gene was seen into 2 mM RGD group especially at 7th days.



Table 3. 7:*PECAM* fold differences during vasculogenesis.

Expression profile of *PECAM* of 0 mM, 1 mM, 2mM and 4 mM was respectively describe as $5,15 \pm 1,00$, $53,37 \pm 4,11$ which was found significant (p***<0,001), 49,54 ± 12,29 (p*<0,05), 6,81 ± 1,18 at 1st day, 1,67 ± 0,03, 68,16 ± 11,46 (p*<0,05), 116,08 ± 16,80 (p**<0,01), 10,83 ± 3,32, at 4th day and 5,81 ± 1,00, 14,71 ± 3,12, 18,55 ± 3,47 (p*<0,05), 16,25 ± 2,89 (p*<0,05) at 7th day (**Table 3. 7**). *PECAM* as an early marker is overexpressed in 1 mM and 2 mM RGD groups especially 1st and 4th days. Over end of the microtissue vascularization, expression level of *PECAM* was down compared with 1st and 4th days.



Table 3. 8: *Ve-cadherin* fold differences during vasculogenesis.

Expression level of *Ve-cadherin* was respectively identified $2,68 \pm 0,41$, $1,90 \pm 0,79$, $3,14 \pm 0,72$, $2,28 \pm 1,40$ as at 1st day, $2,28 \pm 0,87$, $1,68 \pm 0,04$, $9,61 \pm 2,36$ which was found significant (p*<0,05), $0,83 \pm 0,02$ at 4th day and $2,09 \pm 0,68$, $2,09 \pm 0,57$ (p***<0,001), $26,46 \pm 2,23$, $1,93 \pm 0,24$ at 7th day (**Table 3.8**). *Ve-cadherin* level was promoted significanly in 2 mM group at 4th and 7th day while *Ve-cadherin* level proceeded as minimal stage in other groups at 1st, 4th and 7th days.

4. DISCUSSION

4.1 Minimal Fbs Concentration In Huvec Microtissues

Scaffold-free microtissue formation mostly requires high protein concentration to self-assemble of the cells. The main protein source in cell culture media is fetal bovine serum (FBS). FBS is defined as a natural cocktail that contains most of the required factors for microtissue formation. However, not fully characterized and batchto-batch variation, biosafety aspects, and limited availability characteristics limit the usage of FBS in cell culture application [76]. Furthermore, due to the not fully characterized rich content of FBS, effect of individual parameters such as different extracellular matrix proteins, biomimetic peptides, and growth factors on microtissue formation cannot be determined if microtissue formation occurs in the presence of FBS. This study showed the minimal required FBS concentration to develop scaffoldfree microtissues and effect of FBS concentration on cell viability during microtissue formation.

The micrographs shown in Figure 3. 2 and Figure 3. 3 confirms *in vitro* 3D microtissue formation. As depicted from Figure 3. 4 D, cell viability was quite high when 10% FBS concentration was used. Similarly, it was previously reported that 10% FBS usage in cell culture media resulted with spherical microtissue formation with high cell viability. Figure 3. 2 represents the initial microtissue like formations on day 1 after the culture initiated. The average sizes of the constructs were quite close and no significant difference was observed among the 0%, 1%, 5% and 10% FBS groups. Such results can be explained as on day 1, HUVECs self-assembled into microtissue like constructs but the proliferation phase has not started. Since the initial cell numbers for each group was similar, it was meaningful to reach similar size of the constructs.

Microtissue size assessment data also confirms that at early time points FBS concentration was not a vital issue; however, at day 5 and 7 it was clearly observed that with 0% and 1% FBS groups showed decreased size of the microtissue. Although the microtissue formation completely disturbed after 3 days, early time points of the culture data revealed that initially microtissue like constructs were self-assembled even with 0% and 1% of FBS. One possible explanation for such trend could be the limited proliferation of cultured HUVECs with limited protein sources. Similarly, live/dead staining assay was also confirmed that 0% and 1% FBS groups demonstrated

high number of dead cells in microtissues. As depicted in Figure 3. 4, 5% and 10% FBS supported healthy microtissue formation with high ratio of live cells. These results were in agreement with Sanz-Nogue's et al. where they indicated the requirement of using low FBS concentrations to understand the vascularization of endothelial cells even in 2D culture [77]. Furthermore, Rouwkema et. al also suggested that biological cues that guide the vascularization process in tissue engineered scaffolds need to clearly identify to understand major factors in vascularization [78]. Taken together, recent results clearly showed that HUVECs initiated microtissue like formation even with limited FBS concentration at early time points; however, proliferation was significantly affected by the absence of required proteins in the culture. Therefore, addition of the biological cues such as individual growth factors and bioactive peptide structures into the culture that does not include FBS to understand vascularization process of scaffold-free microtissues could guide the vascular tissue engineering society.

4.2 Rgd Effect On Huvec Microtissue

Biomaterials can warrant understanding the specific molecule response in tissue and induce some different process such as migration, differentiation, anti-microbial effect, and neurodegenerative effect via increasing cell-matrix interactions and cell-surface attachment. Surface coating with functional proteins mimetic peptides such as fibronectin and laminin can increase both cell proliferation and intercellular communication [30]. Therefore, using peptides as biomaterials has captured a significant trend during recent years in tissue engineering. Particularly RGD peptides are now widely used in the tissue engineering society due to enhanced cell attachment and proliferation effects [48]. Because of this large-scale use, the optimized amounts of RGD peptides should also be determined in 3D culture so that 3D culture systems present pre in vivo study results. As observed in Figure 3.5, the best formation of HUVEC microtissue as the closest to the positive control was detected in the medium containing 2 mM RGD at end of 7th day. While 0 mM and 4 mM RGD groups microtissues were observed to be distributed, 1 mM RGD, 2 mM RGD and %10 FBS groups were great shapes at 7th day. Table 3. 2 showed that diameters of 4 mM and 1 mM groups decreased day by day as negative control which is 0 mM group. 0 mM group didn't include serum and containing protein or peptide structure. Therefore, 0

mM RGD microtissue may not be grown and developed for constructing new microtissue. 1 mM RGD peptide may not be enough for formation of HUVEC microtissue. 4 mM RGD peptide may trigger apoptosis and provide acidic condition so it may lead to cell death. It is known that too much RGD peptide concentration may affect as negative. The reason is that over excess amount of RGD can switch off cell-matrix connection points so cells don't bind the surfaces or matrix proteins [50]. However, the diameters of 0 mM, 1 mM and 4 mM groups diminished, it was seen that just 2 mM RGD group diameter enlarged day by day. This result gives information which 2 mM RGD peptide may be optimal concentration for HUVEC microtissue formation. As describe the literature, RGD peptides increase cell proliferation and cell-cell connection and regulates cytoskeletal structure [31, 48]. RGD peptide may affect the self-assembly 3D microtissue formation due to interaction between cell to cell and cell to matrix.

When it comes to the viability in microtissues, served in Figure 3. 6. 0 mM RGD peptide and 1 mM RGD microtissue group demonstrate that they had highest ratio of dead cell because of those group contains red colour (it represents dead cell) intensity. 4 mM RGD peptide includes combining of dead and live cell but mostly red dead cell. The highest value of viable cells belong to 2 mM RGD peptide group after % 10 FBS group. However great volume of RGD ensures not only proliferation of cells but also viability of cells, too much or too low ratio of RGD peptides may lead to apoptosis due to caspase-3 activation and languish of microtissue [50].

We confirmed that 2 mM RGD peptide is the most effective concentration for HUVEC microtissue. RGD peptide increases cell proliferation and cellular growth and also microtissue development by providing cellular interaction and cell-matrix regulation in 2 mM ratio [48, 79]. While 4 mM RGD is too much volume because of triggering the apoptosis pathway [50] due to acidic condition [80, 81], 1 mM RGD concentration is too little to construct microtissue formation. As a consequence, for other studies using HUVEC microtissues especially vascularization researches can be 2 mM RGD as the most effective amount.

4.3 Rgd Peptides On Pre-Vascularize Microtissue

One of the most prepotent areas of tissue engineering is vascular tissue engineering. Vascular structures have many essential tasks for tissue such as a provision of nutrient and oxygen, pumping blood into tissue after transplantation [82]. It is a subject that attracts the attention of scientists because of its important feature. To comprehend natural responses of vasculogenesis period, 3D cell culture system was experimented and analyzed. Micrographs of created microtissue forms were taken at 1^{st} , 4^{th} and 7^{th} days and diameters were calculated. The viability of microtissues was tested live and dead dyes and focal adhesion test were applied to look cell location on microtissue. Moreover, profiles of vascular genes which are *VEGF*, *Tie-1/2*, *PECAM*, *Ve-cadherin* were analyzed by qRT-PCR system.

To find out the issue of RGD peptide on vasculogenesis processing, firstly micrographs of 4 mM, 2 mM, 1 mM, 0 mM and 10% FBS microtissues were taken at 1st, 4th and 7th time point as shown in Figure 3. 5 and microtissue diameters were calculated as shown in Table 3. 3. While 4 mM, 1 mM and 0 mM RGD peptide diameters were diminished at 4th and 7th day compared with 1st day, 2 mM RGD peptide diameter was strikingly enlarged at the same time points like 10% FBS group diameter. It is known that RGD peptide provides cell proliferation by boosting cell to cell attachment function [30, 31, 46-48]. Moreover, RGD peptides mimic ECM molecules [79] and ECM molecules have the major important role in vascularization period besides the molecules have cell differentiation capability [83]. Since RGD peptide can behave ECM molecules such as vitronectin and fibronectin proteins, endothelial cells may be more oriented than control group due to enlarged of diameter of microtissue.

RGD peptide is effective cell viability on microtissue, too. Since RGD peptide provides cellular connection between cell-cell or cell-matrix and permits cellular growth, cells are exposed to viability [79]. RGD sends different signals for viability in vascular tissue [51]. We are observed that RGD peptide has a positive effect on vascularize microtissue viability but for too much value [84]. It is clearly observed that 0 mM and 4 mM RGD peptide included too much dead cell and a few live cell on vascularize microtissue. 1 mM RGD peptide contained high value live cells and it was similar to positive control which is 10% FBS microtissue. Whatever 1 mM RGD

peptide gave result which has high viability, 2 mM RGD and 10% FBS groups included the highest viability and the least dead cell ratio. When all these results were evaluated, 2 mM RGD microtissue viability was the most similar to positive control. As a matter of fact that Guo, CX *et al.* concluded that RGD peptide conduces HUVEC lifespan and HUVEC density [79].

To look vascularize HUVEC configuration on microtissue, DAPI and Phalloidin dye was applied. Cell morphology on each microtissue was observed normally nucleus of cell expect 4 mM RGD group. Only phalloidin dye which means actin filament was observed as 2 Mm RGD concentration may lead to cell death due to apoptosis. The others were monitored as normal cell nucleus configuration and actin filament. 4 mM RGD peptide might affect cell viability by damaging nucleus and actin structureon microtissue formation. Thus, vascularization period on account of inhibiting microtissue formation can be stopped and affect cellular functions as negative [81].

We can directly say that optimum ratio which is 2 mM concentration of RGD contributed to living of cells during vascularization but 4 mM RGD could be transformed undesirable condition which provides acidic condition by hydrolyzed endothelial cells thus it can active lyposomal metabolisms. Amino or hydroxyl groups may lead to acting lyposomal activity [81]. Moreover, too much RGD peptide closed attachment points of HUVEC hence it could be exposed to choose apoptosis pathway [80, 81].

Acherman, M.E. *et al.* showed that RGD peptide related to some angiogenic protein like anastellin. RGD peptides induce vascular structure by constructing complex with specific proteins. Although it is even possible to inhibit vascular structure [51], the great volume of RGD peptide contributes to vasculogenesis [84]. To investigate the effect of RGD peptide, expression analysis of the most important genes which are *VEGF*, *Tie-1*, *Tie-2*, *PECAM* and *Ve-cadherin* was performed.

One of the most important receptor kinase angiogenic factors is *VEGF* [58, 85, 86]. It has many important role in angiogenesis such as the development of neoangiogenesis [58, 85, 87], tube formation [58, 85, 86], vascular permeability and differentiation and migration of HUVEC [86], and cancer marker [85]. Our data has shown that *VEGF* gene expression was highly expressed in 2 mM at 4th and 7th days.

This indicated that it is possible to 2 mM RGD group may lead to increase cell proliferation by inhibiting cellular apoptozis pathway and trigger to vascularization period by using property of *VEGF* such as cell-cell interaction [85, 86]. Moreover, *VEGF* works in opposition to *Ve-cadherin*. While expression of *VEGF* increases, the profile of *Ve-cadherin* decreased [86]. However cell migration was started by *VEGF* molecules when cell to cell connection which belongs to task of *Ve-cadherin* molecules was finished [86], RGD peptide may affect destiny of *Ve-cadherin* by creating cell-cell interaction. Moreover, both *VEGF* and RGD sequences increase cellular attachment and cell proliferation [46]. Consequently, It may be possible that not only *VEGF* expression but also *Ve-cadherin* expression was upregulated especially at 7th day. On the other hand, inducers or inhibitors of apoptotic marker can be triggered by *VEGF* molecules [85]. Since RGD increases cell proliferation [88] so cell proliferation may increase *VEGF* expression [58]. *VEGF* is needed both vascular proliferation [85, 87] and formation of tube and supports cell viability pathways [85].

Another receptor kinase factor which is *Tie-1* provides integrity between vascular cells [89]. Overexpressed *Tie-1* molecules lead to *Tie-1* and *Tie-2* heterocomplex conglomeration [64] which is effective in vascular network formation [65, 89]. *Tie-2* may be affected by *Tie-1* because of task of *VEGF* which depends on cellular interaction. This triplicate combination can lead to construction of vessels and more stabile formation. Previos study has shown that *Tie-1* and *Tie-2* heterocomplex can be formed by *VEGF* molecules and development of the vascular structure can be ensured via this relation between those genes [90]. Taking into account all of these, our results indicated that *VEGF* and *Tie-1:Tie-2* complex was moved as correlated with each other particularly 2 mM RGD group at 7th day. RGD molecules could be started to stabilize vascular network formation by regulating *Tie-1:Tie-2* complex and overexpression of *VEGF*.

This data presents RGD peptide was even increased *PECAM* gene in the first day particularly 2 mM RGD peptide. *PECAM* was overexpressed at 4th day. When it comes to 7th day, expression of *PECAM* was decreased for each group. It is possible that vascularization of HUVEC microtissue started to finish. *PECAM* was early marker in HUVEC vasculogenesis period and it has important role in cellular organization. Since it is easily affected by integrin molecules, vascularized microtissue may be exposed binding capacity of 2 mM RGD which may be specifically contributed to vascularization in terms of expression of *PECAM* at 1st and 4th days. For this reason,

PECAM is a pre-vascularized marker and it is downregulated or decreased level by tissue after early period. It has angiogenic properties both differenetiation of endothelial cells and early angiogenesis [87]. Furthermore, RGD was firstly contribute to early vasculogenesis but migration of vascularized microtissue is provided by *VEGF* control due to *PECAM* molecules may be shown as down-regulated against at 7th day [46].

Cell to cell adhesion is provided by cadherin-catenin complex and *PECAM* molecule [86]. Although, down regulation of *PECAM* molecules can be arranged by peptide combination [69], RGD peptide enhances platelet adhesion molecules [46]. Therefore, it is possible that it may create hard cellular networks and this results can be provided to enlarged diameter of microtissue.

However *PECAM* and *Ve-cadherin* molecules cooperate each other for constructing tubular formation but *PECAM* is effective in invasion and cellular migration [89], *PECAM* starts migration of endothelial cells and prevents permeability of vascular structures rather than *Ve-cadherin* [69, 91]. Migration of endothelial cells is important particularly early period of vascularized microtissue in 2 mM RGD group. Therefore *PECAM* may be expressed as up-level but the expression level of *PECAM* was decreased via RGD groups over the end of vascularization because of providing vascular stability [91]. Moreover, cellular interaction must have provided by *Ve-cadherin* molecule [89] which regulates cells and supports permeability of HUVEC and constructs new vascular networks [92] as *VEGF* molecules [86]. Besides the tasks of *Ve-cadherin* molecules in vasculogenesis period are endothelial immigration and prolongation of vascularization and it is found cell-cell connection point [91, 92].

It is obvious that expression level of *Ve-cadherin* in 4 mM RGD group was low level expressed. Absence of *Ve-cadherin* may probably cause trigger apoptotic pathways and start vascular cascade [89]. Therefore, since too much RGD such as 4 mM can take tow to apoptotic ways. Moreover, previous researchers have been shown that RGD group can regulate *Ve-cadherin* molecules which is effective in endothelial connection point [91]. *Ve-cadherin* marker acts the RGD sequences so that provides the endothelial cell proliferation and immigration. RGD is increased by *Ve-cadherin* molecules in media by doing tyrosine residue phosphorylation. However RGD peptide didn't lead to migration of cells in monolayer culture, it is possible that RGD peptide can affect 3D HUVEC microtissue. Bartome R.A and friends suggested that increased *Ve-cadherin* molecules promote angiogenesis process so it augmented invasion and proliferation of cells specifically in melanoma [91]. We saw that 2 mM RGD overexpressed *Ve-cadherin* gene at 4th and 7th day.

5. CONCLUSION

All results have been shown that 2 mM RGD adds to vasculogenesis period in terms of cell viability and enlargement of microtissue. Moreover, the concentration makes available to vasculogenesis with regards to vasculogenic markers. Accordingly, we concluded that RGD peptide achieves to contribute to vasculogenesis. While the optimum ratio of RGD is 2 mM concentration, 1 mM give great results but it doesn't enough to start vasculogenesis and 4 mM RGD may lead to apoptotic period. How to affect RGD in 4 mM microtissue group may be experimented in future study.

Since scaffold-free microtissue expresses own natural structures in terms of gene expression, cell-cell and cell-matrix interaction. In pre-vascularization of HUVEC microtissue, optimal RGD may be alternative biomaterials to mimic natural protein structure and it encourages vascular genes profile to add vascularization.

Large diameter with different vascular layer can give better understanding cue RGD peptide using before *in vivo* study. This study will shed light macro structure of vascularization. To understand effect of RGD on pre-vascular mechanism, vascularized microtissue may be preliminary examination of bigger structure or *in vivo* study.

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Kahraman E., Demirci A., Tanyolaç Zeynep, **Yaralı Z.B.** and Karaman O., The efficacy of using RGD Peptide Sequence on *in vitro* Wound Healing, 20th National Biomedical Engineering Meeting, November, Izmir, Turkey, 3-5 2016 (Poster Presentation)

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PROJECTS:

The Effect Of Serum Concentrations On Scaffold-Free Micro-Tissue Formation,2017-TYL-FEBE-0044 (Researcher)

The Effect Of RGD Peptide On Cell-Cell Interactions, Cell Proliferation And Vasculogenesis During Micro Tissue Formation, 2016-ÖDL-MÜMF-0008

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